

— OUR EXCLUSIVE —  
**HISPANIC**  
— BRAND PRODUCTS —





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# DIPS & SALSAS



## **CONTIGO® FIRE ROASTED SALSA**

Ready-To-Use Fire Roasted with jalapeño peppers & spices | **493485**

## **FIRE ROASTED TOMATO DICED IN JUICE**

Fire Roasted with skin on; smoke infused for natural flavor | **493387**

Essential base item for a myriad of Latin inspired dishes. Fire Roasted Dice Tomatoes add a significant, wonderful, smoky flavor and depth; Fire Roasted ready-to-use Salsa takes the smoky tomatoes and adds ground up jalapeño peppers; and the Ground Salsa Base is ideal for adding tomatoes, garlic, jalapeños to customize this popular and staple side dish of Latin cuisine.



## SNAPPER CRUDO WITH CONTIGO® AVOCADO AND SALSA

Red Snapper	<b>470768</b>
Limes	<b>71215</b>
Contigo Fire Roasted Salsa	<b>493485</b>
Contigo Avocado Halves	<b>625682</b>
Radish	<b>24057</b>
Rice Wine Vinegar	<b>561119</b>
Dill	<b>855545</b>

1. Slice red snapper in thin slices, while still thawing to allow an easy cut.
2. Place in bowl and squeeze fresh lime juice on top. Set aside for 5 minutes.
3. Slice radish thin and place in vinegar. Set aside and slice avocado.
4. On your plate, place thin slices of red snapper. Top with salt and pepper, and Contigo avocado and salsa.
5. Decorate with pickles, radishes, and fresh dill.



## QUESO BLANCO AND CHORIZO PAPAS

Russet Potato	<b>908018</b>
Onion, Diced	<b>280188</b>
Green Pepper, Diced	<b>61388</b>
Red Pepper, Diced	<b>944658</b>
Contigo Chorizo	<b>577070</b>
Oaxaca Cheese	<b>604629</b>
Queso Dip	<b>478694</b>

1. Bake potato in oven at 400 degrees F. Set aside and let cool.
2. Saute onion and peppers and set aside.
3. Saute chorizo until fully cooked and mix with onion and pepper mix, correct seasoning.
4. Slice 1/2 of the potato top and set aside. Hollow out the rest of the potato and fill with chorizo mixture. Top with Contigo Queso dip and Oaxaca cheese.
5. Put in 400 degree F oven until heated.





## CONTIGO® QUESO QUESADILLA

Feather shred Queso Quesadilla has a rich, creamy, buttery texture with excellent melting properties. Ideal for quesadillas, queso fundido, enchiladas, pizza, sandwiches, pastas, and casseroles. Any melting cheese application, where a top quality product is required.

A perfect substitute for Chihuahua Hispanic brand cheese that will provide our customers a value without sacrificing quality and performance.



## TORTILLAS & CHIPS

CHIP TORTILLA CORN WHI TRIANGLE	CONTIGO	728148	8/16 OZ
CHIP TORTILLA CORN YLW 4 CUT	LA BANDERITA	41164	1/32 LB
CHIP TORTILLA CORN YLW RND	CONTIGO	775104	8/16 OZ
CHIP TORTILLA WHI 4 CUT RAW	LA BANDERITA	41174	1/30.5 LB
CHIP TORTILLA WHI CORN TFF	MISSION FOODS	18907	6/2 LB
CHIP TORTILLA WHI CORN ULTRA FZ	RUDYS TORTILLAS	392614	1/25 LB
CHIP TORTILLA WHI RAW 1/4 CUT	ABUELITA	856829	1/20 LB
TORTILLA CHIP CORN WHI 1/4 CUT	CONTIGO	625522	1/30 LB
TORTILLA CHIP CORN WHI 1/4 CUT	CONTIGO	515291	1/30 LB
TORTILLA CHIP CORN YLW 1/4 CUT	CONTIGO	515290	1/30 LB
TORTILLA CHIP CORN YLW 1/4 CUT	CONTIGO	625237	1/30 LB
TORTILLA CORN WHI 4.5" TAQUITO	LA BANDERITA	386764	6/80 CT
TORTILLA CORN WHI 5.5" SUPER	MISSION FOODS	554805	6/60 CT
TORTILLA CORN WHI 6" ENCHILADA	LA BANDERITA	339911	6/90 CT



# TORTILLAS & CHIPS (CONT.)



TORTILLA CORN WHI 6" TABLE	CONTIGO	515283	6/90 CT
TORTILLA CORN WHI ULTRATHIN	LA BANDERITA	402837	1/32 LB
TORTILLA CORN YLW 6"	LA BANDERITA	5163	6/160 CT
TORTILLA CORN YLW RND 6 IN	LA BANDERITA	349975	6/5.5 LB
TORTILLA FLOUR 10 IN	CONTIGO	515312	12/12 CT
TORTILLA FLOUR 12 IN	CONTIGO	515313	8/12 CT
TORTILLA FLOUR 12 IN PRESSED	LA BANDERITA	485251	8/12 CT
TORTILLA FLOUR 14 IN 4 OZ	LA BANDERITA	353089	8/12 CT
TORTILLA FLOUR 5 IN	OLE	437364	288/1.28 OZ
TORTILLA FLOUR 6 IN	CONTIGO	515277	12/24 CT
TORTILLA FLOUR PLN FZ TFF 12"	PIANCONE	78747	6/12 CT
TORTILLA FLOUR PRESSED 10 IN	MEXICAN ORIGINAL	266841	144/2.33 OZ
TORTILLA FLOUR PRESSED 10"	LA BANDERITA	641889	16/12 CT
TORTILLA FLOUR PRESSED 6 IN	LA BANDERITA	41167	288/1.17 OZ
TORTILLA FLOUR PRESSED 7"	LA BANDERITA	641886	16/12 CT
TORTILLA FLOUR PRESSED 8"	LA BANDERITA	641888	16/12 CT
TORTILLA FLOUR WRAP WHI PLN 12"	MEXICAN ORIGINAL	2123	72/3.66 OZ
TORTILLA SUN DRIED TOMATO 12	PIANCONE	78749	6/12 CT



# DAIRY



BUTTER BLND SOLID EURO STYLE	WEST CREEK	518702	36/1 LB
BUTTER SOLIDS UNSLTD AA TFF	NATURES BEST DAIRY	157189	36/1 LB
BUTTER SOLIDS UNSLTD GRD A TFF	SILVER SOURCE	262666	36/1 LB
BUTTERMILK 1% BAKING NF	NATURES BEST DAIRY	515372	9/5 GA
BUTTERMILK PREM 3.25%	SEALTEST	21497	9/5 GA
CHEESE AMARILLO BLANCO 50/50	CORAZO	797063	4/5 LB
CHEESE AMER WHI EXTRA MELT LOAF	LAND O LAKES	48154	6/5 LB
CHEESE AMER WHI EZ MELT LOAF	EL VALLE BLANCO	284177	6/5 LB
CHEESE AMER WHI LOAF E-Z MELT	ULTIMELT	231510	6/5 LB
CHEESE AMER YLW LOAF	ULTIMELT	231509	6/5 LB
CHEESE ASIAGO FINE SHRED	ROMA	277099	2/5 LB
CHEESE CHED BLND FTNR SHRED	CORAZO	797066	4/5 LB
CHEESE CHED MILD YLW FTNR SHRED	WEST CREEK	158811	4/5 LB
CHEESE CHED MILD YLW PRINT	WEST CREEK	158816	1/10 AV
CHEESE CHED MILD YLW SHRED FCY	WEST CREEK	875192	4/5 LB
CHEESE CHED MONT_JCK FCY SHRED	WEST CREEK	158814	4/5 LB
CHEESE CHED MONT_JCK FTNR SHRED	WEST CREEK	158813	4/5 LB

# DAIRY (CONT.)

CHEESE CHED MONT_JCK SHRED FTHR	CONTIGO	503914	4/5 LB
CHEESE CHED YLW MILD BLOCK	WEST CREEK	157185	1/42 LB
CHEESE COTIJA GRATED	CONTIGO	651725	5/2 LB
CHEESE CREAM LOAF	NATURES BEST DAIRY	999958	10/3 LB
CHEESE CREAM LOAF	NATURES BEST DAIRY	246294	1/3 LB
CHEESE MONT_JCK BLOCK	WEST CREEK	157186	1/42 AV
CHEESE MONT_JCK FTHR SHRED TFF	WEST CREEK	158812	4/5 LB
CHEESE MOZZ LMPS FTHR SHRED	PIANCONE	232981	6/5 LB
CHEESE MOZZ LMWM BLOCK	LUIGI	243384	8/6 LB
CHEESE MOZZ LMWM BLOCK CLASSICO	ROMA	232144	10/6 LB
CHEESE MOZZ LMWM BLOCK ORGNL	ROMA	299232	8/6 LB
CHEESE MOZZ LMWM FTHR SHRED	PIANCONE	232989	6/5 LB
CHEESE MOZZ LMWM SHRED PREM	BACIO	294204	6/5 LB
CHEESE MOZZ PROV 50/50 SHRED	GALBANI	1715	6/5 LB
CHEESE MOZZ PS PROV SHRED PREM	BACIO	337771	6/5 LB
CHEESE OAXACA SHRED FINE	CONTIGO	604629	4/5 LB
CHEESE QUESO CHIHUAHUA SHRED	V&V SUPREMO	938919	4/5 LB
CHEESE QUESO FRESCO WHEEL	CONTIGO	718403	4/5 LB
CHEESE QUESO FRESCO WHEEL	CONTIGO	804836	1/5 LB
CHEESE QUESO QUESADILLA SHRED	CONTIGO	503769	4/5 LB
CHEESE SPREAD GLDN VELVET LOAF	LAND O LAKES	975164	6/5 LB
CREAM HVY 36% TFF	NATURES BEST DAIRY	199406	12/32 OZ
CREAM HVY WHIPPING 40% TFF	NATURES BEST DAIRY	997152	12/32 OZ
CREAMER HALF & HALF SHELF STBL	NATURES BEST DAIRY	981694	360/.38 OZ
CREAMER HALF & HALF TFF	NATURES BEST DAIRY	199408	12/32 OZ
EGG WHI LG AA LOOSE	NATURES BEST DAIRY	517889	1/15 DZ
EGG WHI LG AA LOOSE	NATURES BEST DAIRY	517879	1/30 DZ
EGG WHI MED AA LOOSE	NATURES BEST DAIRY	517842	1/15 DZ
EGG WHI XL AA LOOSE	NATURES BEST DAIRY	517856	1/30 DZ





## EZ MELT WHITE AMERICAN CHEESE

EZ Melt White Pasteurized Process American Cheese Loaf is a pasteurized process cheese made with natural cheeses and milk - no oils, just true dairy ingredients. EZ Melt White Pasteurized Process American Cheese Loaf is ideal for dips, queso, sauces and soups, or as a topping for nachos, veggies, fries, baked potatoes, macaroni and cheese, casseroles, and deli sandwiches. It is ideal for melting.

- Melts easily and evenly
- Long shelf life — 6 months unopened and refrigerated
- Consistent color and maintains texture and taste for hours when melted

## DAIRY (CONT.)

EGG WHI XL AA LOOSE	NATURES BEST DAIRY	517843	1/15 DZ
EGG WHL LQD W/CITRIC CARTON	NATURES BEST DAIRY	439685	15/2 LB
MARGARINE LQD TFF	WEST CREEK	157454	2/17.5 LB
MARGARINE SOLIDS TFF	WEST CREEK	518672	30/1 LB
MILK CONDENSED SWTND CAN	CONTIGO	515409	24/14 OZ
MILK EVAPORATED CAN	NATURES BEST DAIRY	515396	24/12 OZ
MILK WHL HVD TFF	NATURES BEST DAIRY	515324	4/1 GA
MILK WHL ULTRA PSTRZD TFF	NATURES BEST DAIRY	199417	6/5 GA
SOUR CREAM ALL NAT STICK PACK	NATURES BEST DAIRY	591696	100/1 OZ
SOUR CREAM GRD A HVY BODY TFF	NATURES BEST DAIRY	199411	4/5 LB
SOUR CREAM NAT GRD A TFF	NATURES BEST DAIRY	337679	4/5 LB
SOUR CREAM POUCH PACK	DAISY BRAND	934399	6/4.5 LB
SOUR CREAM R/F	SILVER SOURCE	480307	1/32 LB
SOUR CREAM REAL	DAISY BRAND	75430	4/5 LB
SOUR CREAM SEL R/F	SILVER SOURCE	558468	4/5 LB
TOPPING WHIPPED DAIRY 16% AERO	NATURES BEST DAIRY	337699	12/15 OZ
TOPPING WHIPPED NON DAIRY	WEST CREEK	633262	12/16 OZ





# BEEF

BEEF ANG BOTTOM RND CH FLAT	PACKER	619641	4/13 LB
BEEF ANG INSIDE SKIRT STK WHL	BRAVEHEART	517400	4/5 LB
BEEF BOTTOM RND CH FLAT	PACKER	947965	4/13 LB
BEEF BRISKET BNLS CH	SWIFT	636402	5/12 LB
BEEF CHUCK PECTORAL MUSCLE CH	SURETY PFG	538331	6/12 LB
BEEF CHUCK TAIL FLAP CH BNLS	NATIONAL BEEF	462927	1/75 AV
BEEF CLOD HEART XT CH	PACKER	308037	8/9.5 AV
BEEF DICED RTC FZ	JOHN SOULES	526782	4/5 LB
BEEF FLANK STK BNLS	SUKARNE	411546	4/9.5 AV
BEEF FLANK STK CH	IBP	44281	7/10 LB
BEEF FLAP MEAT CH	IBP	994002	1/65 LB
BEEF GRND BULK 80/20	PERFORMANCE CUSTOM M	966695	2/5 LB
BEEF GRND CHUCK BRISKET BLND	PERFORMANCE CUSTOM M	305841	4/5 LB
BEEF GRND FINE 81/19 CHUB	WEST CREEK	329695	4/5 LB
BEEF GRND FINE 81/19 CHUB FZ	WEST CREEK	337911	4/5 LB



# BEEF (CONT.)

BEEF GRND FINE 81/19 CHUB TFF	WEST CREEK	296565	8/10 LB
BEEF INSIDE RND CH DNUD	PACKER	242279	3/20 AV
BEEF INSIDE SKIRT SEASND MAR FZ	CONTIGO	515058	4/5 LB
BEEF LOIN BALL TIP CH	SURETY PFG	538309	4/21 LB
BEEF OUTSIDE SKIRT 8 PC BNLS	EXCEL	585058	4/12 LB
BEEF OUTSIDE SKIRT CH	SURETY PFG	538381	6/9 LB
BEEF OUTSIDE SKIRT MAR FZ	CONTIGO	515057	4/5 LB
BEEF PATTY 3/1 ANG CHUCK HS IQF	WEST CREEK	158894	30/5.33 OZ
BEEF PHILLY STK SIRLOIN HVY MAR	ASSOLUTI VALORE	603071	40/4 OZ
BEEF RIBEYE CH L/ON	PERFORMANCE CUSTOM M	29466	1/18 LB
BEEF RIBEYE NR BNLS L/ON	PACKER	563564	5/14 LB
BEEF RIBEYE STK BNLS CHEF PREM	PERFORMANCE CUSTOM M	520690	14/12 OZ
BEEF RND CH KNUCKLE PLD	SURETY PFG	538353	6/10 LB
BEEF SHLDR TERES MAJOR CH	IBP	967754	6/10 AV
BEEF SHORT RIB B/I	IBP	908381	4/18 LB
BEEF SKIRT INSIDE MAR FAJITA FZ	JOHN SOULES	584331	4/5 LB
BEEF SKIRT OUTSIDE	IBP	992466	6/11 AV
BEEF STEW MEAT 1" FZ	PERFORMANCE CUSTOM M	946452	2/5 LB
BEEF STRIP FAJITA MAR FZ	CONTIGO	529381	4/5 LB
BEEF STRIP LOIN CH 1X1	PERFORMANCE CUSTOM M	31153	1/12 AV
BEEF STRIP STK C/C CHEF PREM	PERFORMANCE CUSTOM M	883289	14/12 OZ
BEEF T-BONE MAR NR FZ	STAMPEDE MEAT	324967	12/16 OZ
BEEF TERES MAJOR	PERFORMANCE CUSTOM M	354688	1/10 LB
BEEF TERES MAJOR CH	SURETY PFG	538368	6/10 LB
BEEF TNDRLN TIPS & TAILS FZ	PERFORMANCE CUSTOM M	504985	2/5 AV
BEEF TOP RND CH	IBP	34461	3/22 AV
BEEF TOP RND INSIDE CH	PERFORMANCE CUSTOM M	272707	1/24 LB



## CHILEAN PEBRE SAUCE

Roma Tomatoes	2 each	<b>878056</b>
Cilantro, Chopped	1 1/2 cup	<b>249098</b>
Scallion, Chopped	6 each	<b>907545</b>
Garlic Cloves	5 each	<b>283987</b>
Red Wine Vinegar	3 tbsp	<b>273751</b>
Chile Garlic Sauce	2 tbsp	<b>916624</b>
Olive Oil	1/2 tsp	<b>288560</b>
Garlic Salt	1/2 tsp	<b>628211</b>

1. Combine tomatoes, cilantro, scallions, garlic, red wine vinegar, chile garlic sauce, olive oil, and garlic salt in a food processor or blender.
2. Process to the desired consistency.
3. Refrigerate for 2 hours to let the flavors blend.



## PORK AND QUINOA SOUP

Pork Butt	8 lb	<b>464407</b>
Kosher Salt	To taste	<b>56291</b>
Pepper	To taste	<b>56529</b>
Quinoa	2.5 cups	<b>553557</b>
Sweet Potatoes	4 each	<b>545082</b>
Olive Oil	2/3 cup	<b>288560</b>
Carrot, Diced	2 cups	<b>544597</b>
Onion, Diced	2 cups	<b>354009</b>
Garlic, Chopped	4 tbsp	<b>474047</b>
Coriander Seeds, Toasted, Ground	4 tsp	<b>981709</b>
Turmeric	2 tsp	<b>76892</b>
Chicken Broth	6 quarts	<b>873948</b>
White Pepper	To taste	<b>615829</b>
Lime Juice	4 tbsp	<b>344888</b>
Cilantro	Garnish	<b>249098</b>

1. Preheat the oven to 350 degrees F.
2. Season the pork butt generously with salt and pepper. Place the pork in a roasting pan, cover with foil and roast until tender, at least 4 hours. Dice the pork and reserve 8 cups. Set aside the remaining pork for another use.
3. Increase the oven temperature to 375 degrees F.
4. Add the quinoa and 5 cups water to a medium saucepan and bring to a boil. Lower to a simmer, cover and cook until tender, about 15 minutes.
5. Toss the sweet potatoes in some of the oil and season with salt and pepper. Roast the potatoes in the oven until fork-tender, about 25 minutes. Reserve 4 cups and set aside any remaining potatoes for another use.
6. Heat the remaining 1/3 cup oil in a large saucepan over medium heat. Add the carrot, onion and 2 teaspoons of salt and sauté until translucent. Add the garlic, coriander and turmeric and cook for 5 minutes on medium heat. Add the stock and bring to a simmer.
7. Add the cooked quinoa, the 8 cups pork and 4 cups yams. Adjust the seasoning with salt and white pepper to taste, then add the lime juice and garnish with cilantro.



# QUESO THREE WAYS

## EZ-MELT ELOTE QUESO

EZ Melt Cheese	5lb block	<b>284177</b>
<i>(cut into smaller cubes)</i>		
Whole Milk	2 cups	<b>515324</b>
Elote Dip	3 cups	<i>(See Right)</i>

1. In a large sauce combine the milk and EZ Melt cheese. Allow to completely melt over a medium to medium-low flame.
2. Once completely melted add in the elote dip and mix thoroughly.
3. Hold hot for service or cool for storage.

## EZ-MELT TRADITIONAL QUESO

EZ-Melt Cheese	5lb block	<b>284177</b>
<i>(cut into smaller cubes)</i>		
Whole Milk	2 cups	<b>515324</b>
Fire Roasted Salsa	2 cups	<b>493485</b>

1. In a large sauce combine the milk and EZ Melt cheese. Allow to completely melt over a medium to medium-low flame.
2. Once completely melted add in the salsa and mix thoroughly.
3. Hold hot for service or cool for storage.

## EZ-MELT CHORIZO QUESO

EZ Melt Cheese	5lb Block	<b>284177</b>
<i>(cut into smaller cubes)</i>		
Whole Milk	2 cups	<b>515324</b>
Chorizo Sausage	2 cups	<b>276468</b>

1. In a large sauce combine the milk and EZ Melt cheese. Allow to completely melt over a medium to medium-low flame.
2. Once completely melted add in the Chorizo and mix thoroughly.
3. Hold hot for service or cool for storage.





# CHICKEN & PORK

BACON 14-16 L/O HARDWOOD SMKD	KUNZLER	431846	1/15 LB
BACON 18-22 L/O SLCD FZ	SILVER SOURCE	492046	1/15 LB
BACON TOPPING FC 3/8" TFF FZ	ROMA	379358	2/5 LB
CHICKEN BRST 4 OZ B/S SNG CVP	WEST CREEK	158771	2/10 LB
CHICKEN BRST 8 OZ B/S DBL CVP	WEST CREEK	158776	2/10 LB
CHICKEN BRST B/S MAR JUMBO	SILVER SOURCE	887556	4/10 LB
CHICKEN BRST B/S MAR JUMBO FZ	SILVER SOURCE	879970	4/10 LB
CHICKEN BRST FIL CHEF RDY	RIDGECREST	460072	4/10 LB
CHICKEN BRST RAND B/S JUMBO FZ	WEST CREEK	477637	4/10 LB
CHICKEN BRST RAND JUMBO B/S	PACKER	971931	4/10 LB
CHICKEN BRST RAND JUMBO B/S CVP	WEST CREEK	887551	4/10 LB
CHICKEN BRST TNR CRUMB COAT FZ	RED LABEL (TYSON)	464441	2/5 LB
CHICKEN BRST WHL 10 OZ BNLS	HOLLY POULTRY	541355	4/10 LB
CHICKEN BRST WHL B/I CVP	WEST CREEK	158794	1/40 LB
CHICKEN BRST WHL B/I CVP FZ	WEST CREEK	853740	1/40 LB
CHICKEN DICED .5 WHI ALL NAT FC	WEST CREEK	197446	1/10 LB
CHICKEN THIGH MEAT RAND B/S CVP	WEST CREEK	158758	4/10 LB
CHICKEN THIGH MEAT SEASND DICED	HOLLY POULTRY	634708	4/5 LB
CHICKEN TNR JUMBO CLPPD CVP	WEST CREEK	158754	4/10 LB
CHICKEN TNR SEL PEPPER BRD #2	KOCH	502442	2/5 LB
CHICKEN TNRRLN 64-94 PC BRD NAE	RED LABEL (TYSON)	268267	2/5 LB
CHICKEN TNRRLN BRD GLDN RTC FZ	WEST CREEK	600751	2/5 LB
CHICKEN WING 1ST & 2ND JUMBO	WEST CREEK	998314	4/10 LB
CHICKEN WING BRD 105 TO 180 PCS	TYSON	77067	2/7.5 LB
CHICKEN WING BRD MILD SM FC FZ	ROMA	541874	2/7.5 LB
CHICKEN WING BRD SPICY FC FZ	ROMA	541873	2/7.5 LB
CHICKEN WING JUMBO PARTY	PACKER	35675	4/10 LB
CHICKEN WOG 20 HD CVP UP	PACKER	485192	20/3.5 LB
PORK 3/4" DICED FZ	EAGLE RIDGE	647530	2/5 LB





## CHICKEN & PORK (CONT.)

PORK BELLY 1/2 SKNLS CRYO	ALLEGIANCE	509805	2/6.75 AV
PORK BUTT B/I 1/4" CRYO	WEST CREEK	464469	8/10 LB
PORK BUTT BNLS 1/4" CRYO	WEST CREEK	464407	8/8.5 LB
PORK BUTT BNLS VP TFF 8.5# AV	SMITHFIELD	931959	4/2 CT
PORK CHOP C/C B/I 6 OZ FZ	FARMLAND	982433	1/10 LB
PORK GRND 80/20 ALL NAT FZ	WEST CREEK	474569	1/10 LB
PORK RIB BACK DANISH 14-18 OZ	MAJESTY	280779	1/30 AV
PORK RIB RACK PORTN FZ	IBP	621272	1/30 LB
SAUSAGE CHORIZO 4/1 LINK FZ	ENCORE	481030	1/10 LB
SAUSAGE CHORIZO GRND STHRN FZ	CONTIGO	577070	1/10 LB
SAUSAGE PORK MX CHORIZO BULK FZ	LOGANS SAUSAGE	485134	1/10 LB



# COCTEL DE CAMARONES



Shrimp	<b>421098</b>
Contigo Avocado Halves	<b>625682</b>
Contigo Roasted Diced Tomatoes	<b>493387</b>
Bloody Mary Mix	<b>635028</b>
Fresh Lime Juice	<b>417585</b>
Cucumber, Sliced	<b>23280</b>
Cilantro	<b>249098</b>
Worcestershire	<b>924962</b>
Cholula	<b>983033</b>
Contigo Chips	<b>728148</b>

1. Thaw shrimp under refrigeration in a colander. Steam and set aside.
2. Peel and dice cucumber and dice avocado. Set aside.
3. Mix roasted diced tomato, bloody mary, lime juice, and worcestershire sauce. Correct seasoning and cholula as desired.
4. Mix in cucumber and avocado, and add thawed shrimp.
5. Correct seasoning again and serve with tortilla chips.



# CHILLED COLOMBIAN AVOCADO SOUP



Chicken Broth	2 qt	<b>873948</b>
Heavy Cream	1/2 qt	<b>997152</b>
Avocado Pulp	1 lb	<b>592335</b>
Extra Virgin Olive Oil		<b>247551</b>
Garlic, Crushed	2 tb	<b>474048</b>
Cumin, Ground	To taste	<b>628153</b>
Lime Juice	1/2 cup	<b>417585</b>
Corn	3 cups	<b>283344</b>
Fire Roasted Tomatoes	2 cups	<b>493387</b>
Cilantro	4 oz	<b>249098</b>
Salt and Pepper		
Avocado, Halves	8 each	<b>625682</b>

1. Saute garlic and cumin in a pot for 30 seconds. Add 1 1/2 qt broth and cream, and bring to a simmer. Slightly thicken mixture and set aside.
2. In a blender, mix avocado pulp, lime juice, and 2 oz cilantro, correct seasoning. Mix together with chilled garlic and cumin broth, and keep cold.
3. Slice avocado 1/2 and mix with tomato and remaining cilantro. Saute corn and add to mixture, correct seasoning.
4. Place salsa in a bowl and top with avocado soup. Drizzle with extra virgin olive oil.



# SEAFOOD

CATFISH SHANK FIL 7-9 OZ USA	EMPIRES TREASURE	78890	1/15 LB
COD FIL 2 OZ BB SHPYRD FZ MSC	EMPIRES TREASURE	580942	1/10 LB
COD LOIN 5OZ IQF CHN	WORLD DOCK	405216	1/10 LB
COD LOIN 6OZ IQF CHN	WORLD DOCK	405217	1/10 LB
COD PORTN 8 OZ B/S FZ USA MSC	BAY WINDS	473859	1/10 LB
CRABMEAT COLOSSAL PSTRZD	EMPIRES TREASURE	572357	6/1 LB
FLOUNDER FIL 6 OZ B/S IQF CHN	WORLD DOCK	451825	1/10 LB
LOBSTER TAIL 6 OZ WW BS FZ	EMPIRES TREASURE	525609	1/10 LB
MAHI FIL 1-3 OZ BUFFET B/S IQF	EMPIRES TREASURE	418506	1/10 LB
MAHI MAHI FIL 4 OZ B/S VP FZ EC	EMPIRES TREASURE	402886	1/10 LB
MAHI MAHI FIL 6 OZ B/S VP FZ EC	EMPIRES TREASURE	402887	1/10 LB
MUSSELS WHL BLK POLISHED FC CI	EMPIRES TREASURE	859737	10/1 LB
ROCKFISH FIL 4-6 OZ DOM FZ	SEA BEST	578904	1/10 LB
SALMON FIL SKN-ON 3-4 LB CI	FRESH CATCH	454977	1/10 LB
SCALLOP 10-20 IQF USA WA	WORLD DOCK	252132	2/5 LB
SCALLOP 20-30 DRY IQF USA	EMPIRES TREASURE	888879	2/5 LB
SCALLOP RAND PCS IQF DOM	CAPTAIN WELLS	262805	2/5 LB
SCALLOP SEA 10-20 DRY USA CA	EMPIRES TREASURE	537465	1/8 LB
SCALLOP SEA 20-30 DRY USA CA	EMPIRES TREASURE	537466	1/8 LB
SCALLOP SEA U-10 DRY USA CA	EMPIRES TREASURE	537461	1/8 LB
SHRIMP 31-35 BB SHPYRD FZ	EMPIRES TREASURE	580956	1/10 LB
SHRIMP BRD 16-20 B/F COCONUT	EMPIRES TREASURE	444300	4/3 LB
SHRIMP BRD 21-25 B/F PANKO T/ON	EMPIRES TREASURE	444311	4/3 LB
SHRIMP STFD BRD CHED JAMMERS FZ	TAMPA MAID	57088	4/2 LB
SHRIMP TIGER 13-15 RPDT/ON IN.	EMPIRES TREASURE	157203	5/2 LB
SHRIMP WHI 13-15 HDLS/O RAW IN.	BAY WINDS	431637	6/4 LB
SHRIMP WHI 13-15 RPDT/ON FZ IN.	BAY WINDS	421083	5/2 LB
SHRIMP WHI 16-20 EZ PEEL FZ IN.	BAY WINDS	431657	5/2 LB
SHRIMP WHI 16-20 HDLS/O RAW IN.	BAY WINDS	431638	6/4 LB
SHRIMP WHI 16-20 RPDT/OFF IN.	BAY WINDS	421117	5/2 LB
SHRIMP WHI 16-20 RPDT/ON FZ IN.	BAY WINDS	421091	5/2 LB
SHRIMP WHI 21-25 EZ PEEL FZ IN.	BAY WINDS	431658	5/2 LB
SHRIMP WHI 21-25 HDLS/O RAW IN.	BAY WINDS	431639	6/4 LB



# SEAFOOD (CONT.)



SHRIMP WHI 21-25 RPDT/OFF IN.	BAY WINDS	421098	5/2 LB
SHRIMP WHI 21-25 RPDT/ON FZ IN.	BAY WINDS	421092	5/2 LB
SHRIMP WHI 26-30 HDLS/O RAW IN.	BAY WINDS	431648	6/4 LB
SHRIMP WHI 26-30 RPDT/OFF IN.	BAY WINDS	421121	5/2 LB
SHRIMP WHI 26-30 RPDT/ON FZ IN.	BAY WINDS	421095	5/2 LB
SHRIMP WHI 26-30 S/ON FZ	PACKER	967746	6/4 LB
SHRIMP WHI 31-35 RAW HDLS/O EC	BAY WINDS	420963	10/5 LB
SHRIMP WHI 31-40 EZ PEEL FZ IN.	BAY WINDS	431667	5/2 LB
SHRIMP WHI 31-40 RPDT/OFF IN.	BAY WINDS	421127	5/2 LB
SHRIMP WHI 41-50 RPDT/OFF IN.	BAY WINDS	421129	5/2 LB
SHRIMP WHI 71-90 RPDT/OFF IN.	BAY WINDS	421153	5/2 LB
SHRIMP WHI 8-12 RPDT/ON FZ IN.	BAY WINDS	421082	5/2 LB
SNAPPER FIL 6-8 OZ SKN-ON VP FZ	EMPIRES TREASURE	470768	1/10 LB
SQUID TUBES 5-7 IN FZ CHN	LUIGI	414552	4/2.5 LB
SQUID TUBES U-10 IQF CHN	NETUNO	367749	1/10 LB
TILAPIA FIL 5-7 OZ B/S FZ	PACKER	320524	1/10 LB
TILAPIA FIL 5-7 OZ C-0 B/S CHN	WORLD DOCK	858049	1/10 LB
TILAPIA FIL 7-9 OZ C-0 B/S CHN	WORLD DOCK	858047	1/10 LB



# ECUADORIAN POTATO AND CHEESE SOUP

Butter	2 oz	<b>157187</b>
Onion, Yellow Diced	1 ea	<b>907426</b>
Garlic, Crushed	3 cloves	<b>275595</b>
Cumin	1 tsp	<b>242839</b>
Potato, 70 ct, Peeled Diced	3 each	<b>908019</b>
Milk, Whole	2 cups	<b>199417</b>
Milk, Whole	1/3 cup	<b>199417</b>
Salt	to taste	<b>334001</b>
Pepper, Black	to taste	<b>264691</b>
Cheese, Jack/Ched Shred	1 cup	<b>158814</b>
Cilantro, Chopped	3 tbsp	<b>855548</b>
Avocado, Halves	½ ea	<b>625682</b>
Onion, Green Chopped	1 tbsp	<b>486263</b>

1. In large pot, melt butter. Saute onions until clear.
2. Add garlic, cumin, potatoes, two cups of milk and cover with water.
3. Simmer until potatoes are cooked.
4. Puree with extra milk until smooth. Season with salt and black pepper.
5. Stir in cheese and cilantro.
6. Transfer to soup bowl.
7. Top with avocado and green onions. Serve.







## CHAYOTE POTATO CAKES WITH PAPAYA AVOCADO SALSA

Chayote	2 1/2 cups	<b>24339</b>
Russet Potatoes	2 cups	<b>908016</b>
Spanish Onion	1 medium	<b>898641</b>
Eggs	2 each	<b>517843</b>
Cornmeal	1/4 cup	<b>531930</b>
Turmeric	1/2 tsp	<b>56565</b>
Ground Pepper	1/2 tsp	<b>56455</b>
Salt	1/2 tsp	<b>728161</b>
Oil for Frying		

1. Place the chayote, potato and onion in a potato ricer and squeeze out all of the excess moisture. Place in a bowl and add the eggs, cornmeal and seasonings.
2. Heat the oil over a medium flame and drop about a half cup of the mixture onto the skillet, flattening with the back of a spoon (they should each be four or five inches in diameter). Cook on both sides until lightly browned, then transfer to a plate and keep warm.



# BLACK BEAN AND CORN SALAD

Lime Juice	1/3 cup	<b>71215</b>
Oil, Olive	½ cup	<b>247551</b>
Garlic Clove, Minced	2 ea	<b>275595</b>
Salt	1 tsp	<b>334001</b>
Pepper, Cayenne	1/8 tsp	<b>628177</b>
Black Beans	32 oz	<b>863475</b>
Corn, Frozen	24 oz	<b>283344</b>
Avocado, Halves	1 ea	<b>625682</b>
Red Pepper, Diced	1 ea	<b>875443</b>
Tomato 6x6, Diced	2 ea	<b>878064</b>
Green Onion, Sliced	6 ea	<b>486263</b>
Cilantro, Chopped	½ cup	<b>855548</b>

1. In small mixing bowl, add lime juice, olive oil, garlic, salt and cayenne.
2. In large mixing bowl combine beans, corn, avocado, red pepper, tomatoes, green onions and cilantro.
3. Add lime dressing to large mixing bowl and coat ingredients evenly.
4. Transfer to chilled bowl. Serve.





# VENEZUELAN CHEESE STICKS

AP Flour	10 oz	<b>81991</b>
Kosher Salt	1 tsp	<b>56291</b>
Butter, Cold, Cubed	6 tbsp	<b>157187</b>
Egg, Large, Beaten	1 each	<b>517879</b>
Water, Cold	6 tbsp, as needed	
Queso Blanco	12 oz	<b>478694</b>
Peanut Oil	for frying	<b>897370</b>



- 1.** Place flour and salt in the bowl of a food processor fitted with a steel blade; pulse to combine. Sprinkle butter evenly over flour and pulse until butter is cut into pieces slightly smaller than a pea, about 8 1-second pulses. Transfer dough to a large bowl.
- 2.** Add in egg and water. Using a rubber spatula, press dough against side of bowl until it forms into a ball. If dough is not fully forming, add additional water 1 tablespoon at a time until it comes together. Press dough into a disc, wrap tightly in plastic wrap, and rest in refrigerator for 30 minutes.
- 3.** Unwrap dough and place on a lightly floured surface. Roll out into a square 1/8-inch thick. Cut off edges to create a 12-inch square. Cut square into strips 3/4-inch wide.
- 4.** Take one strip of dough and drape end over top of one cheese slice. Wrap entire cheese slice in dough on a diagonal, overlapping dough. Cover bottom of cheese slice in dough and pinch edges close to fully seal. Repeat with remaining cheese slices.
- 5.** Fill a cast iron skillet with 3/4-inch of oil. Heat oil to 400 degrees F over high heat. Place tequeños in oil and fry until crust is golden brown and blistered, 3 to 5 minutes, turning halfway through. Transfer tequeños to a paper towel lined plate, let cool for 1 to 2 minutes, then serve immediately.



# FRESH ADDITIONS

AVOCADO 60 CT	PACKER	281615	1/60 CT
AVOCADO HASS #1 PRECONDITIONED	PEAK (PRODUCE)	616932	1/48 CT
AVOCADO HLVS 42-56 CT IW	CONTIGO	625682	1/4.5 LB
AVOCADO HLVS HAND SCOOPED	WHOLLY AVOCADO	520950	4/4 LB
AVOCADO PULP CHNKY FRSH	CONTIGO	625690	8/2 LB
BROCCOLI CROWN ICELESS	PEAK (PRODUCE)	865025	1/20 LB
CABBAGE BAG WHI	PACKER	950460	1/50 LB
CABBAGE GRN JUMBO	PEAK (PRODUCE)	875441	1/50 LB
CILANTRO FRSH W&T	PEAK (PRODUCE)	907446	4/1 LB
CILANTRO FRSH W&T	PEAK (PRODUCE)	249098	1/1 LB
GARLIC WHL PLD DOM	PEAK (PRODUCE)	283987	1/5 LB
GARLIC WHL PLD DOM	PEAK (PRODUCE)	275595	4/5 LB
LEMON CH	GROWERS CHOICE	483087	1/165 CT
LEMON CH	GROWERS CHOICE	483080	1/115 CT
LEMON CH	GROWERS CHOICE	483086	1/140 CT
LETTUCE BLND ARCADIAN HARVEST	PEAK (PRODUCE)	322035	4/3 LB
LETTUCE ICEBERG LINER	PEAK (PRODUCE)	907437	24/1 CT
LETTUCE ROMAINE HEARTS	PEAK (PRODUCE)	317277	12/3 CT
LETTUCE ROMAINE LINER TFF	PEAK (PRODUCE)	907429	24/1 CT
LETTUCE SHRED 1/8"	PEAK (PRODUCE)	880488	4/5 LB
LIME	PACKER	951931	1/175 CT
LIME 54 CT	PACKER	71215	1/54 CT
MINT FRSH	PEAK (PRODUCE)	855540	1/1 LB
MUSHROOM MED	PEAK (PRODUCE)	272376	1/10 LB
ONION GRN W&T TFF	PEAK (PRODUCE)	486263	1/2 LB
ONION GRN W&T TFF	PEAK (PRODUCE)	907545	4/2 LB





# FRESH ADDITIONS (CONT.)



ONION RED JUMBO	PEAK (PRODUCE)	907425	1/25 LB
ONION YLW JUMBO #2 BAG	GROWERS CHOICE	594432	1/50 LB
ONION YLW JUMBO FRSH BAG	PEAK (PRODUCE)	907426	1/50 LB
ONION YLW SUPER COLOSSAL	PEAK (PRODUCE)	898640	1/50 LB
ORANGE CH	GROWERS CHOICE	483057	1/113 CT
PARSLEY CURLY FRSH W&T	PEAK (PRODUCE)	248354	1/1 LB
PEPPERS BELL GRN JUMBO	PEAK (PRODUCE)	875409	1/1.11 BU
PEPPERS BELL RED TFF	PEAK (PRODUCE)	875443	1/11 LB
PEPPERS GRN BELL MED TFF	PEAK (PRODUCE)	875406	1/1.11 BU
PEPPERS VAR	PACKER	35728	1/11 LB
POTATO IDAHO 100 CT RUSSET	PEAK (PRODUCE)	908015	1/50 LB
POTATO IDAHO 60 CT RUSSET	PEAK (PRODUCE)	908008	1/50 LB
POTATO IDAHO 80 CT RUSSET	PEAK (PRODUCE)	908018	1/50 LB
POTATO IDAHO 90 CT RUSSET	PEAK (PRODUCE)	908016	1/50 LB
POTATO RED A SIZE	PACKER	71045	1/50 LB
POTATO SWEET MED 70-80 CT #1	PEAK (PRODUCE)	545082	1/40 LB
ROSEMARY FRSH	PEAK (PRODUCE)	855531	1/1 LB
SPINACH BABY	PEAK (PRODUCE)	260811	2/2 LB
SQUASH YLW MED	PEAK (PRODUCE)	875445	1/5 BU
SQUASH ZUCCHINI MED	PEAK (PRODUCE)	875444	1/5 BU
TOMATO #2 RAND	GROWERS CHOICE	303255	1/25 LB
TOMATO 5X6	PEAK (PRODUCE)	878065	1/25 LB
TOMATO 6X6	PEAK (PRODUCE)	878064	1/25 LB
TOMATO ROMA	PEAK (PRODUCE)	878056	1/25 LB
TOMATO ROMA #2	GROWERS CHOICE	521420	1/25 LB





# FROM THE PANTRY

BASE BEEF NO MSG ADDED GF  
BASE CHICKEN NO MSG ADDED  
BASE CHICKEN NO MSG GRANULAR  
BEAN BLK  
BEAN BLK PREWASHED  
BEAN BLK TFF  
BEAN PINTO  
BEAN PINTO TRIPLE CLEAN TFF  
BEAN REFRIED VEGETARIAN TFF  
BROTH CHICKEN NO MSG TFF  
CHERRIES MARASCHINO W/STEM  
CHERRIES MARASCHINO W/STEM  
CHILI PWDR  
CORN WHL KERNEL  
CUMIN GRND  
CUMIN GRND  
CUMIN GRND  
DRESSING RANCH PACKET TFF  
DRESSING SALAD TFF

RIDGECREST  
RIDGECREST  
SILVER SOURCE  
SILVER SOURCE  
JACK RABBITT  
WEST CREEK  
CONTIGO  
SILVER SOURCE  
ROSARITA  
WEST CREEK  
MAGELLAN  
MAGELLAN  
ROMA  
WEST CREEK  
ROMA  
ROMA  
MAGELLAN  
VILLAGE GARDEN  
SILVER SOURCE

327870  
327858  
327888  
516718  
481537  
863475  
629872  
262999  
48372  
873948  
309458  
288469  
628205  
863494  
628208  
615883  
628153  
158942  
201324

6/1 LB  
6/1 LB  
12/1 LB  
1/50 LB  
1/20 LB  
6/#10 CN  
6/#10 CN  
1/50 LB  
6/#10 CN  
12/49 OZ  
1/1 GA  
4/1 GA  
1/6 LB  
6/#10 CN  
1/14 OZ  
6/14 OZ  
1/14 OZ  
100/1.5 OZ  
4/1 GA



# FROM THE PANTRY (CONT.)

FLOUR BALANCER HIGH GLUTEN	PILLSBURY	35733	1/50 LB
FLOUR CAKE PURASNOW TFF	GOLD MEDAL (GM)	989876	1/50 LB
FLOUR H&R AP BLEACHED	ROMA	81991	1/50 LB
FLOUR H&R AP ENRICHED BLEACHED	ROMA	81983	1/25 LB
FLOUR HIGH GLUTEN	LUIGI	231841	1/50 LB
FLOUR RICE GF	GOLD MEDAL (GM)	989577	1/50 LB
GARLIC GRANULATED	ROMA	247739	1/5 LB
GARLIC PWDR	ROMA	264685	1/16 OZ
HONEY CLOVER JUG TFF	WEST CREEK	266346	6/5 LB
JUICE CLAM PREM BLND	EMPIRES TREASURE	626758	12/46 OZ
KETCHUP 33% FCY TFF	ROMA	231215	6/#10 CN
KETCHUP UPSIDE DN SQUEEZE RED	ROMA	231731	16/20 OZ
MAYO EXTRA HVY GF TFF	ROMA	550432	4/1 GA
MAYO GF	SILVER SOURCE	201322	4/1 GA
MAYO HD GF	WEST CREEK	201350	4/1 GA
MAYO HD TUB	WEST CREEK	201352	1/30 LB
MAYO XHD	PACKER	476527	4/1 GA
PASTE TOMATO 24%	ROMA	231869	6/#10 CN
PASTE TOMATO TFF	WEST CREEK	878197	6/#10 CN
PEPPER BLK TABLE GRIND	ROMA	264697	1/5 LB
PEPPER CAYENNE GRND	MAGELLAN	628177	1/14 OZ
PEPPERS CHIPOTLE IN ADOBO SAUCE	CONTIGO	522520	12/7 OZ
PEPPERS CHIPOTLE RSTD IN ADOBO	EMBASA	962229	12/7 OZ
PEPPERS GRN CHILE DICED	CONTIGO	522508	12/28 OZ
PEPPERS JALAPENO NACHO SLCD	ROMA	231210	6/#10 CN
PEPPERS JALAPENO NACHO SLCD	ROMA	128341	4/1 GA
PEPPERS JALAPENO WHL	LA COSTENA	364060	6/#10 CN
POTATO MASHED	WEST CREEK	537853	6/3.24 LB
PUREE TOMATO XHVV	PIANCONE	651949	6/#10 CN
RICE BRWN PARBOILED WHL GRAIN	WEST CREEK	499554	1/25 LB
RICE JASMINE	ASIAN PRIDE	553559	1/20 LB
RICE JASMINE	PACKER	76414	1/20 LB
RICE LONG GRAIN 4% BROKEN POLY	WEST CREEK	194609	1/50 LB
RICE LONG GRAIN PARBOILED	DELTA STAR	129948	1/25 LB
RICE WHI CONVERTED ORGNL LONG	BENS ORIGINAL	739329	1/25 LB



# FROM THE PANTRY (CONT.)



SALT IODIZED GRANULAR TFF	WEST CREEK	334001	1/25 LB
SALT IODIZED GRANULAR TFF	WEST CREEK	333999	1/50 LB
SALT KSHR COARSE	MORTON	56291	12/3 LB
SAUCE CHEESE JALAPENO	CONTIGO	502724	6/#10 CN
SAUCE HOT	CHOLULA	799420	24/5 OZ
SAUCE HOT HABANERO GRN	EL YUCATECO	366146	12/4 OZ
SAUCE HOT HABANERO RED	EL YUCATECO	366138	12/4 OZ
SAUCE SOY	KIKKOMAN	40053	1/5 GA
SAUCE TOMATO FCY	WEST CREEK	878209	6/#10 CN
SAZON ACHIOTE CILANTRO	GOYA	368822	36/1.41 OZ
SEASONING FRUIT	TAJIN	478222	12/14.1 OZ
SEASONING MOJO CRIOLLO LQD	GOYA	866203	6/1 GA
SUGAR GRANULATED	PACKER	976705	1/50 LB
SUGAR GRANULATED BAG	PACKER	366832	1/25 LB
SUGAR GRANULATED EXTRA FINE TFF	DOMINO	27453	1/50 LB
SWEETENER BLUE AGAVE ORGANIC	WHOLESOME SWEETENERS	454870	2/1 GA



# FROM THE PANTRY (CONT.)

TOMATILLO WHL	CONTIGO	522490	6/#10 CN
TOMATILLO WHL	EMBASA	961031	6/#10 CN
TOMATO CRUSHED CONCENTRTD	WEST CREEK	878215	6/#10 CN
TOMATO DICED IN JUICE	WEST CREEK	878218	6/#10 CN
TOMATO DICED UNPLD FIRE RSTD	CONTIGO	493387	6/#10 CN
TOMATO FIL STRIPS PLD 74-40	74-40	20611	6/#10 CN
TOMATO SALSA RDY	BIENVENIDO	61807	6/#10 CN
TOMATO WHL PLD IN JUICE	CONTIGO	688908	6/#10 CN
TOMATO WHL PLD IN JUICE TFF	ASSOLUTI	231901	6/#10 CN
VINEGAR PURE APPLE CIDER 50	WEST CREEK	273719	4/1 GA
VINEGAR WHI DISTILLED 40 GRAIN	WEST CREEK	273740	4/1 GA





## SPICY CHICKEN

8 Cut Chicken	3 lbs	<b>158781</b>
Ground Cayenne	1/4 cup	<b>628177</b>
Onion, Julienne	2 cups	<b>573803</b>
Tomato, Diced	1 cup	<b>493387</b>
Chili Pepper, Chopped	1/2 cup	<b>628151</b>
Peas	1 cup	<b>993241</b>
Ground Cumin	1 tsp	<b>628153</b>
Oregano Flakes	1 tsp	<b>628168</b>
Garlic Cloves	3	<b>283987</b>
Chicken Broth	2 quarts	<b>873948</b>



1. In a large casserole put the chicken pieces with all the other ingredients. Pour the broth (or water) until covering the ingredients completely. Set to cook over high heat until it boils, and later over low heat for at least an hour and a half or until the chicken is soft. Stir occasionally.
2. If while cooking the broth diminished much, add a little bit more of broth or water so that when serving there is enough liquid.
3. In a deep plate serve one piece of spicy chicken with one boiled potato, cooked aside, chuño phuti and uncooked sauce on top. Finally, sprinkle the chopped parsley on top of the spicy chicken.

## COLUMBIAN FRESH CHEESE

Milk, Whole	1 gallon	<b>515324</b>
White Vinegar	½ cup	<b>273740</b>
Salt Flake	To taste	<b>728161</b>

1. Place milk in a large pot. Heat to 120 degrees F.
2. Remove from the heat and add the vinegar. Mix well with a wooden spoon and let sit at room temperature for 40 minutes.
3. Line a strainer with a layer of cheesecloth and place over a large bowl. Pour mixture into the cheesecloth and let drain for 30 minutes. Squeeze out all the liquid and mix in the salt.
4. Hang cheese for approx. 30 more minutes and then put into a mold for up to 2 days.





# ARGENTINIAN LENTIL STEW

Lentils	1 cup	<b>959011</b>
Water	1 qt	
Tomatoes, Diced	1 1/2 cup drained	<b>493438</b>
Spanish Onion, Diced	1	<b>898641</b>
Carrot, Sliced	1	<b>544597</b>
Peas	1/2 cup	<b>286554</b>
Garlic Clove	1 lg	<b>283987</b>
Olive Oil	1 tbsp	<b>288560</b>
Granny Smith Apple (Peeled, Cored, and Diced)	1	<b>61694</b>
BBQ Sauce	1/4 cup	<b>234866</b>
Smoked Paprika	1/2 tsp	<b>874331</b>
Salt and Pepper	to taste	

1. Place the lentils and water in a large pot, and mix in the vegetable bouillon. Bring to a boil, reduce heat to low, and simmer 20 minutes.
2. Stir the tomatoes, onion, carrot, apple, peas, garlic, olive oil, barbeque sauce, and paprika into the pot. Continue to simmer 20 minutes.
3. Season with salt and pepper to serve.





# FROM THE FREEZER

AVOCADO PULP & PCS FZ	WHOLLY AVOCADO	425746	12/1 LB
AVOCADO PULP CHNKY	AVO FRESCO	33458	4/3 LB
AVOCADO PULP FZ	CONTIGO	592335	6/3 LB
CASSAVA YUCCA IQF	CARIBBEAN BEST	872376	6/5 LB
CORN & JALAPENO RSTD FZ	ROASTWORKS	504916	6/2.5 LB
CORN CUT WHL KERNEL IQF	WEST CREEK	283344	12/2.5 LB
CORN CUT YLW	SILVER SOURCE	993262	1/20 LB
DIP QUESO BLANCO FZ	CONTIGO	478694	4/5 LB
DRESSING BLUE CHEESE TFF	WEST CREEK	967082	1/1 GA
DRESSING RANCH BUTTERMILK TFF	WEST CREEK	201344	4/1 GA
EMPANADA BEEF & CHEESE	EL MONTEREY	575356	24/3 OZ
EMPANADA CHICKEN & CHEESE	EL MONTEREY	575353	24/3 OZ
EMPANADA DGH DISCOS FZ TFF	GOYA	340821	24/14 OZ
FRIES 3/8" INVISICOAT SKNLS	ROMA	416198	6/5 LB
FRIES 3/8" INVISICOAT SKN-ON	ROMA	636549	6/5 LB
FRIES 3/8" REG CUT CLR COAT GRD	LUIGI	416250	6/4.5 LB
FRIES 3/8" REG CUT GRD A	LUIGI	416232	6/5 LB
FRIES 3/8" REG CUT SEASND TFF	WEST CREEK	197432	6/5 LB
FRIES 3/8" SEISMIC CRNCH	WEST CREEK	416736	6/5 LB
FRIES 3/8" STRAIGHT CUT COATED	SNOW FLAKE(MCCAIN)	75988	6/4.5 LB
FRIES 3/8" STRAIGHT CUT SKN-ON	WEST CREEK	642914	6/5 LB
FRIES 5/16" INVISICOAT SKN-ON	ROMA	636555	6/5 LB
FRIES JERSEY SHORE SKN-ON BTTRD	ROMA	416224	6/4.5 LB
FRIES REG CUT SKN-ON 3/8" FZ	LAMBS CRISPYCOAT	620182	6/5 LB
FRIES SIDEWINDER CLR COAT	CONQUEST	451295	6/4 LB
FRIES WAFFLE TFF	WEST CREEK	369832	6/4.5 LB



# FROM THE FREEZER (CONT.)

GUACAMOLE SOUTHWEST FZ	CONTIGO	625556	12/1 LB
GUACAMOLE WSTRN FZ	CONTIGO	592379	12/1 LB
MACARONI & CHEESE POUCH	KRAFT	246737	36/7 OZ
PASTRY DGH SOPAPILLA	BRIDGFORD	932592	240/1.35 OZ
PLANTAIN SWEET FRIED IQF	CONTIGO	504323	6/4 LB
PLANTAIN SWEET SLCD IQF	BIG BANANA	270107	4/6 LB
PLANTAIN SWEET SLCD IQF FC TFF	BIG BANANA	962853	4/6 LB
VEG BLND 5 WAY IQF	WEST CREEK	993227	1/20 LB
VEG BLND 5 WAY IQF	WEST CREEK	993226	12/2.5 LB
YUCA FRIES PRCKD FZ	TIO JORGE	345687	20/1 LB





# BRAZILIAN FISH STEW



Lime Juice	3 tbsp
Cumin	1 tbsp
Paprika	1 tbsp
Garlic, Minced	1 tbsp
Salt	1 tsp
Black Pepper	1 tsp
Tilapia, Diced 3"x3"	24 oz
Olive Oil	2 tbsp
Onions, Diced	2 ea
Green Peppers, Sliced	2 ea
Red Peppers, Sliced	2 ea
Tomato, Diced, Drained	16 oz
Coconut Milk	16 oz
Cilantro, Chopped	½ cup

**71215**  
**628153**  
**247079**  
**275595**  
**334001**  
**264691**  
**320524**  
**288560**  
**907426**  
**875406**  
**875443**  
**493438**  
**597335**  
**855548**

1. In large mixing bowl combine first six ingredients and mix.
2. Fold in tilapia and toss. Refrigerate overnight.
3. Heat olive oil in large pot over medium high heat. Add onions and toss quickly.
4. Reduce heat to medium. Add peppers, tilapia and diced tomatoes.
5. Pour coconut milk over the mixture. Simmer for fifteen minutes stirring occasionally.
6. Add cilantro. Cook until tilapia is done.
7. Transfer to soup bowl. Serve.





# SWEET ENDINGS

CAKE MANGO MOUSSE RND 10" FZ	CONTIGO	493102	2/3.5 LB
CAKE TRES LECHES TRAY FZ	CONTIGO	493090	2/5.5 LB
CHEESECAKE FRIED XANGO RTC	SWEET STREET	71847	48/4.3 OZ
CHURRO APPLE WHL GRAIN MINI 5"	TIO PEPES	384014	100/1.9 OZ
CHURRO PLN 5" MINI FZ TFF	CALIFORNIA CHURRO	384096	200/1 OZ
CHURRO PLN KING SIZE 16" TFF	TIO PEPES	45966	1/100 CT
FLAN 4OZ CUP IND RND FZ	CONTIGO	493101	12/4 OZ
ICE CREAM VANILLA 10% TUB	NATURES BEST DAIRY	478636	1/3 GA
SORBET MANGO FF DAIRY FREE	BLUE BUNNY	992339	1/3 GA



# BEVERAGES

BAR MIX DAIQUIRI STRWBRY RTU	DAILYS FRUIT MIXER	524	9/64 OZ
BAR MIX MARGARITA ALL NAT	NATALIES ORCHID ISLN	468835	6/32 OZ
BAR MIX MARGARITA W/TRIPLE SEC	DAILYS CKTL	370266	9/64 OZ
BAR MIX PINA COLADA RTU	DAILYS FRUIT MIXER	43881	9/64 OZ
BAR MIX SWEET & SOUR CKTL RTU	DAILYS FRUIT MIXER	26101	4/1 GA
BEV MIX LEMONADE GF	ISLAND OASIS	872627	12/32 OZ
BEV MIX MANGO GF FZ	ISLAND OASIS	900675	12/32 OZ
BEV MIX MARGARITA GF FZ	ISLAND OASIS	944432	12/1 QT
BEV MIX PINA COLADA GF FZ	ISLAND OASIS	988754	12/32 OZ
BEV MIX STRWBRY GF FZ	ISLAND OASIS	944434	12/1 QT
DRINK SODA LIME P.E.T	JARRITOS	775506	24/17.7 OZ
DRINK SODA PINEAPPLE P.E.T.	JARRITOS	775414	24/17.7 OZ
JUICE APPLE 100% P.E.T	ASCEND	525767	12/46 OZ
JUICE LEMON	MAGELLAN	314029	12/32 OZ
JUICE LEMON ALL NAT	NATALIES ORCHID ISLN	417586	6/32 OZ
JUICE LEMON FRSH	NATALIES ORCHID ISLN	344900	4/1 GA
JUICE LIME ALL NAT	NATALIES ORCHID ISLN	417585	6/32 OZ
JUICE LIME FRSH 100% JUICE	NATALIES ORCHID ISLN	344888	4/1 GA
JUICE ORANGE 100% NO PULP NOT	FARMERS NATURAL	579915	8/59 OZ
JUICE ORANGE 100% P.E.T	ASCEND	525769	12/46 OZ
JUICE ORANGE FRSH	NATALIES ORCHID ISLN	402740	4/128 OZ
JUICE ORANGE FRSH SQUEEZED	NATALIES ORCHID ISLN	435733	6/32 OZ



# BEVERAGES (CONT.)



JUICE PINEAPPLE UNSWTND 100%	DOLE (PACKAGED)	403215	12/46 OZ
JUICE PINEAPPLE UNSWTND TFF GF	DOLE (PACKAGED)	80880	12/46 OZ
JUICE TOMATO CAN	SACRAMENTO	43041	12/46 OZ
JUICE TOMATO FROM CONC TFF CAN	WEST CREEK	878196	12/46 OZ
LEMONADE SQUEEZED PLAS	NANTUCKET NECTARS	452842	12/16 OZ
LIMEADE CAN FZ	MINUTE MAID	648766	12/12 OZ
PUREE BLOOD ORANGE SWTND FZ	RAVIFRUIT	484247	5/2.2 LB
PUREE MANGO SWTND FZ	RAVIFRUIT	484246	5/2.2 LB
PUREE PASSION FRUIT SWTND FZ	RAVIFRUIT	484263	5/2.2 LB
SODA COLA MEXICAN GLASS BOTTLE	COCA-COLA	249358	24/12 OZ
SODA FRUIT PUNCH P.E.T	JARRITOS	775495	24/17.7 OZ
SODA GRAPEFRUIT P.E.T	JARRITOS	775493	24/17.7 OZ
SODA MANDARIN PLAS	JARRITOS	774529	24/17.7 OZ
SODA ORANGE MEXICAN	FANTA	408440	24/12 OZ
SODA SYRUP COLA CLASSIC BNB TFF	COCA-COLA	26383	1/5 GA
SODA TAMARIND P.E.T.	JARRITOS	774528	24/17.7 OZ



# NON FOODS

BLEACH GERMICIDAL ULTRA	FIRST MARK	556332	6/1 GA
BOX PIZZA 12" B FLTD K/K	FIRST MARK	323837	1/50 CT
BOX PIZZA 16" B FLTD W/K USA	ROMA	613142	1/50 CT
CAN LINER 45 GA XHW BLK 40X46	FIRST MARK	194626	10/10 CT
CAN LINER 60 GA HW BLK 38X58	FIRST MARK	194629	10/10 CT
CLEANER AP PINE	SILVER SOURCE	242343	4/1 GA
CLEANER HSHLD LAVENDER REG	FABULOSO	450986	12/33.8 OZ
CLEANER OVEN & GRILL	SILVER SOURCE	242342	4/1 GA
CONT ALUM 7 IN RND	SILVER SOURCE	276925	1/500 CT
CONT ALUM 9 IN RND	SILVER SOURCE	276926	1/500 CT
CONT PLAS 1C 9.23X9.23X3 HNGD	CLOVER	625007	2/75 CT
CONT PLAS 1C 9.25 X 7 HNGD CLR	CLOVER	612637	2/75 CT
CONT PLAS 3C 9.23X9.23X3 HNGD	CLOVER	626373	2/75 CT
CONT PLAS 3C 9X9 HNGD VNTD PP	ANCHOR PACKAGING	868527	1/100 EA
CONT PLAS 9X9X3 1C HNGD BLK CLR	ANCHOR PACKAGING	584993	1/100 CT
CONT PLAS DELI 8 OZ CLR PP	FIRST MARK	557357	10/50 CT
CUP COLD 16OZ ROMA	ROMA	231669	15/80 CT
CUP COLD 32OZ	ROMA	233308	600/32 OZ
CUP PORTN PLAS 2 OZ TRNSLCNT	FIRST MARK	253852	10/250 CT
CUP PORTN PLAS 4 OZ TRNSLCNT	FIRST MARK	253863	20/125 CT
DETERGENT MANUAL DISH ECO PINK	FIRST MARK	243618	4/1 GA
DETERGENT POT & PAN	DAWN DETERGENT	581182	1/5 GA
DETERGENT POT & PAN REG SCENT	DAWN DETERGENT	354255	4/1 GA
FOIL SHEET INTERFOLD 12X10.75	SILVER SOURCE	240314	12/200 CT
GLOVE NITRILE MED PWDR FREE	SILVER SOURCE	441171	10/100 CT
GLOVE VINYL LG PWDR FREE	SILVER SOURCE	240780	10/100 CT
GLOVE VINYL MED PWDR FREE	SILVER SOURCE	240779	10/100 CT
GLOVE VINYL XL PWDR FREE	SILVER SOURCE	265691	10/100 CT



# NON FOODS (CONT.)

LID CLR DOME RND 7 IN	FIRST MARK	240257	1/500 CT
LID CLR DOME RND 9 IN	FIRST MARK	240258	1/500 CT
LID CUP FLAT 32 OZ STD COLD	ROMA	649704	1/600 CT
LID DELI CONT 8-32 OZ CLR PP	FIRST MARK	557372	10/50 CT
LID PORTN CUP CLR 1.5-2.5 OZ	FIRST MARK	253857	20/125 CT
LID PORTN CUP CLR 3.25-5.5 OZ	FIRST MARK	253865	20/125 CT
NAPKIN DNR 17X17 WHI 1/4 1PLY	FIRST MARK	875084	12/334 CT
TOWEL ROLL 2PLY WHI HSHLD 9X11	FIRST MARK	158804	30/84 CT

# OIL & SHORTENING

OIL BUTTER FLVRD TFF	BRILLIANCE	875041	4/1 GA
OIL 90% CANOLA 10% EVOO	ROMA	648946	6/1 GA
OIL CANOLA CLR FRY TFF	SILVER SOURCE	897383	1/35 LB
OIL CANOLA SALAD TFF	WEST CREEK	897350	1/35 LB
OIL OLIVE 100% EXTRA VIRGIN	ASSOLUTI	247551	3/3 LT
OIL SOY CLR FRY TFF	SILVER SOURCE	897414	1/35 LB
OIL SOY PEANUT BLND TFF	SILVER SOURCE	897371	1/35 LB
OIL SOY SALAD TFF	SILVER SOURCE	897415	1/35 LB
OIL SOY W/OLIVE 90/10 BLND	PACKER	595188	6/1 GA
ONION PWDR	ROMA	326558	1/5 LB
PAN COATING SOY BASED AERO TFF	WEST CREEK	898860	6/17 OZ



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